

AFL Prevention Programs

Core Follow-up Questionnaire

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0990-0291. The time required to complete this information collection is estimated to average 30 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to:

OMB NO.: 0990-0291
EXPIRATION DATE: 09/30/2008

U.S. Department of Health & Human Services; OS/OIRM/PRA;
200 Independence Ave., S.W., Suite 531-H; Washington D.C. 20201;
Attention: PRA Reports Clearance Officer

| | | | | | | |
|---------------|--|--|--|--|--|--|
| 1. Client ID: | | | | | | |
|---------------|--|--|--|--|--|--|

| | | | | | | |
|-----------------|--|--|--|--|--|--|
| 2. Site Number: | | | | | | |
|-----------------|--|--|--|--|--|--|

| | | | | | | |
|----------------|--|--|--|--|--|--|
| 3. Entry Date: | | | | | | |
|----------------|--|--|--|--|--|--|

Core Follow-up Questionnaire

AFL Pregnancy Prevention Programs

Section 1

These first questions ask about you and your family.

1.1 Who do you live with now? CHECK ALL THAT APPLY.

PARENTS (Includes step parents, adoptive parents and foster parents):

☐ Mother

☐ Father

ADULT GUARDIANS

☐ Other adult relatives

☐ Other adults I am not related to

1.2 Answer the next few questions about your mother or female guardian. How close do you feel to her?

☐ Not very close

☐ A little close

☐ Pretty close

☐ Very close

1.3 Does she spend enough time with you?

☐ Not enough time, but I don't want more

☐ Not enough time, I wish she spent more time with me

☐ She spends enough time with me

1.4 Here are some statements about you and your mother or female guardian. For each one, check how true the statement is now:

| | Mostly True | Some- times True | Hardly Ever True | Does Not Apply |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| a. I am comfortable talking with her about things that happen in school | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. I am comfortable talking with her about things that happen in my life | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

1.5 *Answer the next few questions about your father or male guardian.* How close do you feel to him?

- ☐ Not very close
- ☐ A little close
- ☐ Pretty close
- ☐ Very close

1.6 Does he spend enough time with you?

- ☐ Not enough time, but I don't want more
- ☐ Not enough time, I wish he spent more time with me
- ☐ He spends enough time with me

1.7 Here are some statements about you and your father or male guardian. Check how true the statement is now:

| | Mostly True | Sometimes True | Hardly Ever True | Does Not Apply |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| a. I am comfortable talking with him about things that happen in school | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. I am comfortable talking with him about things that happen in my life | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

These next few questions are about your family rules and family communication.

1.8 For each of the following, tell us if your family has strict rules, some rules, or no rules about.....

| | Strict Rules | Some Rules | No Rules |
|---|--------------------------|--------------------------|--------------------------|
| a. The people I hang out with | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Dating and going to parties with boys or girls | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Telling my parents or guardian where I am | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

1.9 Which of the following would your parent(s) or guardian(s) do if they found out that you had broken an important rule? CHECK ALL THAT APPLY.

- ☐ Discuss it calmly with you
- ☐ Ignore it, pretend that it didn't happen, or let you get away with it
- ☐ Sulk, pout, or give you the silent treatment
- ☐ Take away a privilege, ground you, or give you a chore
- ☐ Make threats that won't be kept
- ☐ Yell, shout, or scream at you
- ☐ Use physical punishment
- ☐ None of the above

1.10 Since you started the program, have you talked to one or both of your parents or guardians about any of these things?

| | Yes | No |
|---|--------------------------|--------------------------|
| a. Puberty – that is, the physical changes in your body and your emotions that happen when young people develop | <input type="checkbox"/> | <input type="checkbox"/> |
| b. How someone gets pregnant | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Why people your age should not drink or do drugs | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Why people your age should not have sex | <input type="checkbox"/> | <input type="checkbox"/> |
| e. How to say “no” to alcohol, drugs, or sex | <input type="checkbox"/> | <input type="checkbox"/> |

1.11 Since you started the program, how often have you asked one or both of your parents or guardians questions about the changes in your body, dating, or alcohol and drugs?

- ☐ Never
- ☐ 1 or 2 times
- ☐ A few times
- ☐ Many times

Section 2

These next questions are about activities you may do.

2.1 Please mark yes or no for each activity that you currently do in school or after school.

| | Yes | No |
|---|--------------------------|--------------------------|
| a. Band, orchestra, chorus, choir or other music group | <input type="checkbox"/> | <input type="checkbox"/> |
| b. School play or musical | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Student government or student council | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Hobby club like photography or chess | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Sports team | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Dance or gymnastics | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Girl Scouts, Boy Scouts, Girls Clubs, Boys Clubs, or 4-H | <input type="checkbox"/> | <input type="checkbox"/> |
| h. After school tutoring program | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Community service or volunteer activity | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Church or religious youth group | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Mostly watch TV or hang out | <input type="checkbox"/> | <input type="checkbox"/> |
| l. Some other club | <input type="checkbox"/> | <input type="checkbox"/> |

Section 3

In this section, there are questions about things people your age have to make decisions about.

- 3.1 At what age do you think it is appropriate for someone to go on a “alone” date, that is, not in a group?

- ☐ Less than 14 years old
- ☐ 14-15 years old
- ☐ 16 years old or older
- ☐ Don't Know

- 3.2 How much do you agree with the following statement?

It's okay for teens to date someone three or more years older or younger than they are.

- ☐ Agree strongly
- ☐ Agree
- ☐ Disagree
- ☐ Disagree strongly
- ☐ Don't Know

The next few questions are about some things that adolescents think about or do.

- 3.3 People your age often feel pressure from a lot of different places and for different reasons. Thinking about yourself, how much pressure have you personally felt to do things you might get in trouble for?

- ☐ A lot
- ☐ Some
- ☐ Not much
- ☐ None
- ☐ Don't Know

- 3.4 How much would you say that the following statement is true about you?
You can say no to activities that you think are wrong.

- ☐ Not at all like you
- ☐ Little like you
- ☐ Mostly like you
- ☐ Very much like you
- ☐ Don't Know

- 3.5 How often would you say that the following statement is true about you?
You have learned to stay away from people who might get you in trouble.
- ☐ Almost never
 - ☐ Some of the time
 - ☐ Usually
 - ☐ Almost always
 - ☐ Don't Know
- 3.6 During the past month, how often have you smoked cigarettes?
- ☐ I have never smoked cigarettes
 - ☐ Not at all
 - ☐ Only a few times
 - ☐ 1 or 2 times a week
 - ☐ Several times a week or more
- 3.7 How often do you drink alcohol, like beer, wine, or liquor?
- ☐ I have never had a drink
 - ☐ I have had alcohol in the past, but do not drink alcohol anymore
 - ☐ 1 or 2 times a month
 - ☐ Several times a month or more
- 3.8 How many of your friends drink alcohol like beer, wine, or liquor?
- ☐ None
 - ☐ A few
 - ☐ Some
 - ☐ Most
- 3.9 How often do you use marijuana or other drugs?
- ☐ I have never used marijuana or other drugs
 - ☐ I have used marijuana in the past, but do not use marijuana anymore
 - ☐ 1 or 2 times a month
 - ☐ Several times a month or more
- 3.10 How many of your friends have tried marijuana or other drugs?
- ☐ None
 - ☐ A few
 - ☐ Some
 - ☐ Most

Section 4

These next questions ask about a variety of things that people your age might think about themselves.

- 4.1 Here are some opinions that adolescents sometimes have about themselves. Please tell us how much you agree or disagree with each one.

| | Agree A Lot | Agree A Little | Disagree A Little | Disagree A Lot |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| a. I don't have enough control over the way my life is going. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. For me, good luck is more important than hard work for success. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. I can't do things as well as most other people. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. My plans hardly ever work out. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. When I make plans, I know I can make them work. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Chance and luck are important for what happens in my life. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| g. I can do just about anything I really set my mind to. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- 4.2 Please tell us how much you agree or disagree with each of these statements.

| | Strongly Disagree | Disagree | Agree | Strongly Agree |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| a. You know at least one adult you could talk to about personal problems. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. You know adults who encourage you often. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- 4.3 Comparing yourself with your other friends in the group you hang out with now, would you say you have more self-confidence, less, or about the same amount?

- ☐ More confidence
☐ Less confidence
☐ About the same
☐ Don't Know

Section 5

These next questions ask about your future.

- 5.1 As you look to the future, how important is it for you to get a good education?
- ☐ Not important at all
 - ☐ Not too important
 - ☐ Somewhat important
 - ☐ Quite important
 - ☐ Very important
- 5.2 As you look to the future, how important is it for you to get a good job or to be successful in a career?
- ☐ Not important at all
 - ☐ Not too important
 - ☐ Somewhat important
 - ☐ Quite important
 - ☐ Very important
- 5.3 As you look to the future, how important is it for you to remain abstinent (not to have sex) until marriage?
- ☐ Not important at all
 - ☐ Not too important
 - ☐ Somewhat important
 - ☐ Quite important
 - ☐ Very important
- 5.4 As you look to the future, how important is it to you for the person who becomes your spouse to remain abstinent (not to have sex) until marriage?
- ☐ Not important at all
 - ☐ Not too important
 - ☐ Somewhat important
 - ☐ Quite important
 - ☐ Very important
- 5.5 As you look to the future, how important is it for you to have a good marriage and family life?
- ☐ Not important at all
 - ☐ Not too important
 - ☐ Somewhat important
 - ☐ Quite important
 - ☐ Very important

5.6 Here are some things that people your age might say when they think of their lives in the future. In general, do you agree or disagree with each statement?

| | Agree | Disagree |
|---|--------------------------|--------------------------|
| a. I don't know what I want out of life. | <input type="checkbox"/> | <input type="checkbox"/> |
| b. I have a clear picture of what I'd like to be doing in the future. | <input type="checkbox"/> | <input type="checkbox"/> |
| c. I don't know what my long-range goals are. | <input type="checkbox"/> | <input type="checkbox"/> |

Section 6

The next few questions ask for your opinions on topics about having sex. “Having sex” means oral, anal, and vaginal sex.

- 6.1 Does having sex as a teenager make it harder for someone to study and stay in school in the future?
- ☐ No, not harder at all
 - ☐ Yes, somewhat harder
 - ☐ Yes, much harder
 - ☐ Haven't thought about it yet
- 6.2 Does having sex before marriage make it harder for someone to have a good marriage and a good family life in the future?
- ☐ No, not harder at all
 - ☐ Yes, somewhat harder
 - ☐ Yes, much harder
 - ☐ Haven't thought about it yet
- 6.3 Does having sex as a teenager make it harder for a teen to grow and develop emotionally and morally?
- ☐ No, not harder at all
 - ☐ Yes, somewhat harder
 - ☐ Yes, much harder
 - ☐ Haven't thought about it yet
- 6.4 Is there a problem with unmarried teens having sex if no pregnancy results from it?
- ☐ No problem at all
 - ☐ Some problem
 - ☐ A big problem
 - ☐ Haven't thought about it yet

6.5 For each of the following questions please tell us how much you agree or disagree with each one.

| | Agree A Lot | Agree A Little | Disagree A Little | Disagree A Lot |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| a. Only married people should have sex. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. It would be OK for teens who have been dating for a long time to have sex. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Having a good marriage does not seem realistic for me. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. I admire teens who remain abstinent (do not have sex) until marriage. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. My friends admire teens who remain abstinent until marriage. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Remaining abstinent is the only certain way to avoid pregnancy, STDs, and other related health problems. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

6.6 How many of your 5 closest friends think someone should wait until marriage before having sex?

- ☐ None of them
- ☐ One or two of them
- ☐ Three or four of them
- ☐ All of them

Thank you for participating in the questionnaire!